

# PERSONAL EMERGENCY PREPAREDNESS TRAINING

*For Staff, Volunteers & Service Providers of*

- ❖ *Persons with Disabilities*
- ❖ *Frail Seniors*
- ❖ *Homebound/Nonambulatory Individuals*

**Personal Emergency Preparedness Training** is a very personal look at preparedness, designed to address fears and move past barriers, and is tailored to individual needs of participants. Help employees, volunteers, or community members feel secure in their ability to deal effectively with emergencies, learn simple response skills, and feel safer – at home, at work or on the road.

***Learn to be ready so you can respond and assist the most vulnerable individuals in our community!***

**Come and join us on one of the following dates:**

- **May 30th, 6:30 – 8:30pm** **Ala Costa Center**  
1401 Pacific Ave., Alameda, CA 94501
- **June 13th, 6:00 – 8:00pm** **Alameda Hospital's Dal Cielo Room**  
2nd Floor 2070 Clinton Ave., Alameda, CA 94501
- **June 27th, 12:15 – 2:15pm** **Alameda Free Library**  
1550 Oak Street, Alameda, CA 94501

**For more information and to **RSVP** call: (510) 208-5907**

**Provided by:**



**COLLABORATING  
AGENCIES  
RESPONDING TO  
DISASTERS**

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