

**ALL
WELCOME!**



**MASTICK
SENIOR CENTER**

**ALL
WELCOME!**

Making Connections • Staying Active • Living Well

ANNUAL OPEN HOUSE AND RESOURCE FAIR

**Wednesday, May 31, 2017
3:00 p.m. to 6:00 p.m.**

**Includes 24th Annual National Senior Health and Fitness Day
sponsored by AES Therapy & Fitness and AEC Living**

- AC Transit/BART/Clipper Cards (65+ with ID)
- Blood Pressure & Diabetes Testing
- Prescription Medication Disposal
- Over 30 Senior-Focused Vendors and Resources
- Light Refreshments

**For more information,
please contact
Mastick Staff at
(510) 747-7506**

1155 Santa Clara Ave, Alameda